



PLANNING ORARI CORSI

SS 2022/2023



VALIDI DA:
SETTEMBRE 2022

	LUN	MAR	MER	GIO	VEN
12.30 13.30		GYM BOXE		GYM BOXE	
17.15 18.15	BOXE AFTER SCHOOL	KICKBOXING AFTER SCHOOL	BOXE AFTER SCHOOL	KICKBOXING AFTER SCHOOL	
18.30 19.30	GYM BOXE	KICKBOXING BOXE AGONISTI	GYM BOXE	KICKBOXING BOXE AGONISTI	FREE TRAINING
19.30 20.30	FOCUS	ATHLETIC TRAINING	SPARRING	ATHLETIC TRAINING	ATHLETIC 4 KOMBAT
20.30 21.30		GYM BOXE		GYM BOXE	

Ricordiamo che per prendere parte alle lezioni è necessario prenotarsi tramite App BookyWay